



Parkwood Chiropractic Clinic

IMPORTANT UPDATE FROM PARKWOOD CHIROPRACTIC

We Are Now Open For Treatment Consultations

We (Chiropractors in Wales) are now able to offer risk assessed face-to-face appointments for all routine/ maintenance care patients.

- Please Contact Us to use our Free Telephone/Video(Telehealth) Consultation Service as a first port of call so that it can be determined by Your Practitioner whether a Face -To-Face In Clinic Appointment would be both safe and appropriate for you to attend at this time.
- As part of this Risk Assessment you will be asked some questions regarding your current state of health and that of those you have very close contact with. This process will be repeated before every appointment scheduled for you. If it is determined that you may not attend at this time You Can Be Offered Help and Advice directly from your Practitioner via Telephone/Video Call.

Our Commitment to Minimise Exposure

We would like to assure all our patients that at Parkwood Clinic we take Safeguarding Your Health and Welfare Seriously at all times. To create the Safest Environment for You and Your Families, our Practitioners, and other Patients a full Risk Assessment has been made and Changes to the Clinic and our Procedures have been actively put in place.

- Only patients with appointments will enter the clinic. Appointment times are spaced further apart to aid social distancing and cleaning time.
- We have rigorous cleaning regimes throughout the clinic using approved antiviral agents before and after all appointments
- Your Chiropractor/ practitioner will wear PPE in line with government guidance for healthcare settings and disinfect themselves and equipment before and after each appointment.

Your Commitments

We Would Ask Kindly That All Our Visiting Patients Adhere To The Following:

- Please Call to Cancel Your Appointment and Do Not Attend the Clinic if You Or Someone You have Been in Close Contact With(Even Briefly) in the last 14 days are experiencing any Covid-19 Related Symptoms. The main Symptoms include a Raised Temperature, New Persistent Cough or Loss of Taste or Smell. If so Stay At Home and call 111 or 119. For more information see: [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus).
- Please Arrive No More Than 5 Minutes Before Your Appointment Time.To Avoid any unnecessary cross-over with other patients, please either Wait in your Vehicle in our Car Park or Wait Outside Until Collected for your Appointment.
- Patients can no longer wait in the Reception Area. Immediately on Entering the Clinic you will need to Use Our Hand Sanitiser and Wear a Mask Provided (now Compulsory) before being ushered in to a freshly Sanitised Treatment Room for Your Appointment.
- Please Do Not Bring Anyone Else In With You unless they are your appointed Carer.
- We are Not Providing Gowns so Please Wear Loose Fitting Clothing appropriate to be treated in. Also please try to avoid bringing unnecessary items such as shopping bags or wearing jewellery / watches etc.
- Unfortunately we must request that you use your Toilet Facilities at Home BEFORE attending for treatment. We are reducing access to this facility to urgent only at this time and we thank you for your understanding.
- Your Temperature will be taken and recorded by a contact free thermometer prior to each treatment commencing. You will also be requested to Confirm that you are Symptom Free and Consent To Treatment on each occasion. (See here: [Covid-19 Consent form](#)).
- Please Note that Contactless Payments will be Encouraged and Text/Call Reminders will be used rather than appointment cards to avoid any cross contamination.
- Before You Leave Please Use The Provided Hand Sanitiser and Observe the 2M Rule where ever possible.

Your Practitioner Will Be Wearing PPE Throughout Your Treatment

This will include a medical grade Face Mask, Gloves, Apron and Eye Shielding

Our Usual Smiling Faces May Not Be Apparent But Rest Assured

We Are Always Happy To See And Care For You !

We Thank You for your support and understanding at this time